### CHAPTER 1 | PRE-DEPARTURE & REGISTRATION

#### [01] Schedule

Arrival date: 18th July 2023Study trip: 18th until 25th July 2023Return date: 25th July 2023

#### [02] Airline Information

Please log in to our airline or your chosen airlines official website and comply with the regulations: -

<u>Malaysia Airlines System</u> https://www.malaysiaairlines.com/my

#### [03] Assembly Point [Pick up point] at Malaysia

Arrival date : 18<sup>th</sup> July 2023 [Tuesday]

#### » Kuala Lumpur International Airport (KLIA/KLIA2) at Arrival Hall



Our personnel will be waiting at the arrival hall with a signage as below: -



- If your flight is delayed or involved in unexpected circumstance during day of arrival, please contact +60 18-369 8289 (Mr. Nik Zaini Peei) or +60 11-2852 5457 (Mr. Syed Muhamad Nazdmi Bin Syd Zahari) for pick up arrangement purpose.
- Please email your flight itinerary of arrival and departure to Ms. Fahezah Nor Mohamed <email> fahezah\_nor@upm.edu.my.

#### [04] Registration Document

Documents need to submit upon registration: -

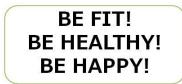
- 1. a copy of student ID (University ID);
- 2. a copy of passport information (front pages);

MALAYSIA

Please photocopy one (1) set of the above document during your registration. You may prepare it from your home country.

# RM 3.00 per set will be charged if you photocopy during your registration at the counter in UPM

#### <u>STAY HEALTHY</u>



Participants are required to pay the fullest attention to their own health before departure and during the programme.

Normal body temperature is 36.5 °C and,

- If a participant with body temperature of 38°C and above, he/she would not be allowed to continue to participate in this programme. Participant will be required to seek for medical treatment in University Health Centre and rest. All medical expenses that may incur are excluded from the programme's fee.
- If body temperature of a participant is between 37.5°C and 38°C or he / she has the following physical problem, organizer will decide if he/she can participate:-

(a) Feel feverish / Have Shivering;
(b) Cough / hard to breathe;
(c) Sore throat;
(d) Stuffy nose / runny nose;
(e) Headache

Please contact our committee member if you need any medical assistance.



#### [05] Malaysian Currency

The Malaysian Ringgit (Symbol: RM; currency code: MYR) is the currency of Malaysia. It is divided into 100 sen (cents). Coins are available in denomination of 5 cents, 10 cents, 20 cents and 50 cents and bank notes in six denominations of RM1, RM5, RM10, RM20, RM50 and RM100



Please change your currency at Kuala Lumpur International Airport (KLIA) upon arrival because it may be difficult to find an exchange currency counter in our study tour journey.

#### [06] Electrical Outlet and Plug Type

Malaysia uses power outlets and plugs of type G. International adapter is highly recommended.



#### [07] Climate in Malaysia

Due to its location, Malaysia has a tropical climate. High temperatures and high humidity prevail, with an average temperature of 27°C. During the day, temperatures rise above 30°C (86°F) year-round and during the night temperatures rarely drop below 20°C (68°F). Inland regions are slightly cooler, with an average daytime temperature of 26°C, while the upper altitudes have an average daytime temperature of 23°C.



#### [08] Suitable clothing in Malaysia

Loose fitting clothes made out of light materials are sensible year-round. Cotton or moisture-wicking materials are ideal because of the constant humidity. Skimpy clothing is not advisable anywhere other than the beach, and it is recommended that women to keep legs and upper arms covered in public in order to avoid offending local cultural norms. It is wise to bring an umbrella because of unpredictable rain.

#### [09] Health and Safety

#### **Dehydration and Sunburn**

The sun is strong throughout the year in the country. Proper care against sunburn must be constantly taken. Dehydration and loss of salt through perspiration are two other common problems for the unprepared traveller to Malaysia. Drink plenty of fluids and replace your salt loss and remember that alcoholic drinks make dehydration worse, not better. Make sure you pack clothing suitable for a warm and humid climate.

#### **Mosquitoes**

Due to the constant humid climate, mosquitoes tend to be present throughout the year. The three most significant diseases transmitted by mosquitoes are Malaria, Dengue Fever and Japanese B Encephalitis. To repel mosquitoes, ticks and other arthropods, apply an insect repellent containing DEET to your skin or clothing.

The risk of malaria for most tourists visiting Peninsular Malaysia is extremely small. There is insignificant risk in Kuala Lumpur, Penang and other major cities. However, in East Malaysia, the risk of malaria is present throughout the year. Even in these regions, the risk is mainly off the coastal plains and towards the border areas. Generally, prophylaxis is recommended for those visiting Sabah or Sarawak.

#### Food

Generally, the level of food hygiene throughout the country is high. However, make sure your food and drinking water are safe. Food from street vendors should be treated with care. Drink only bottled or boiled water, or carbonated (bubbly) drinks in cans or bottles. If possible, avoid tap water, fountain drinks, and ice cubes. Bring along iodine tablets and portable water filters to purify water if bottled water is not available. Also, wash your hands often with soap and water. As an extra precaution, bring along anti-diarrhoea medication and an antibiotic prescribed by your doctor to self-treat moderate to severe diarrhoea.



#### [10] Emergency Contact Information

#### **FAHEZAH NOR BT MOHAMED**

Senior Assistant Register cums as Event Manager of PUTRA Agriculture Mobility & Study Tours Faculty of Agriculture Universiti Putra Malaysia

Phone: 013-886 5375





#### 1. **Travel Document:**

1.	Travel Document:	
	[a] Passport;	
	[b] Air Ticket;	
	[c] Bring your acceptance letter (In case need it during your immigration clearance).	
2.	Registration Document	
	[a] a copy of student ID (University ID);	
	[b] a copy of passport information (front pages);	
	[d] a copy of your itinerary – Email to Ms. Rumi Idris	
3.	Stationery [Pen / Pencil & Small Notes Book]	
4.	<b>Electrical &amp; Electronic</b> (own risk) [International Adapter, Cell Phone Charger, Power Bank, Camera, Small Electronic Fan, etc.]	
5.	<b>Personal Care</b> [Small bottle of Shower Cream, Shampoo, Toothpaste, Toothbrush etc.]	
6.	Bath Towel & Hand Towel	
7.	<b>Comfortable Clothes, Pants, Cap etc</b> [Attire : Smart Casual, University T-Shirt, Pants, Pyjamas, Inner wear]	
8.	<b>Comfortable Shoes and Slippers</b> [Sport Shoes, Slippers – (for taking bath Purpose in hostel)]	
9.	For <b>Female Muslim Students : Prayer Garment</b> [Telekung is provided in all Prayer Room, but it is advisable to bring your own]	
	<b>Others:-</b> [Folded UV Umbrella, Sun Glasses, Personal Advisable Medicine]	

\*This checklist is just a simple guidance for participants. Please pack according to your needs.





#### 1. Do we need to bring laptop?

Yes. The Organizer will not provide laptop / computer for your group presentation preparation.

#### 2. Do we need to bring iron?

Iron is not provided. Please bring along if you needed

#### 3. Do we need to prepare medicine?

You may bring medicine that you are taking daily with approval by doctor. Medicine against sickness is advisable for those who need it during long journey.

#### 4. Is it possible for us to bring our own food?

All meal will be provided occasionally during your stay in Malaysia and partially prepared by your own occasionally. However, it is recommended to bring some ready-to-eat food (snack, bread) in case you cannot eat Malaysian food. But, do remember that there are some restrictions on bringing food to Malaysia.

#### 5. Do we need to prepare any souvenir?

Not necessary. But we recommend you bring some photos or post cards which are suitable for you to introduce your life, university or country on certain occasions such as at the buddies' activities. Post card can also be used as a souvenir.

#### 6. Do I need a watch?

Definitely YES. It would be useful to bring your watch since punctuality is required during the programme. Please remember to adjust your time zone in Malaysia (if needed).

#### 7. How about laundry?

Laundry service is provided at personal cost of RM6 (for washing) and RM6 (for drying) for 10kgs at Universiti Putra Malaysia. Price may vary.



### CHAPTER 2 | ARRIVAL DAY



#### [01] Do's and Don'ts in Malaysia

Malaysia is generally a laid back and relaxed place. However, we do have our own customs and visitors or participants from this programme should try to observe these practices when they arrive. Some common courtesies and customs are as follows:

a. Although handshakes are generally acceptable for both men and women, some Muslim ladies may acknowledge introductions to gentlemen by merely nodding and smiling. A handshake should only be initiated by ladies.

The traditional greeting or 'salam' resembles a handshake with both hands but without the grasp. The man offers both hands, lightly touches his friend's outstretched hands, and then brings his hands to his chest to mean, "I greet you from my heart". The visitor should reciprocate the 'salam'.

b. Shoes must always be removed when entering a Malaysian home.

Shoes also must be removed when entering places of worship such as mosques and temples. Some mosques provide robes and scarves for female visitors. Taking photographs at places of worship is usually permitted but always ask permission beforehand.

- c. Drinks are generally offered to guests. It is polite to accept.
- d. The right hand is always used when eating with one's hand or giving and receiving objects.
- e. The right forefinger is not used to point at places, objects or persons. Instead, the thumb of the right hand with four fingers folded under is the preferred usage.
- f. Toasting is not a common practice in Malaysia. The country's large Muslim population do not drink alcohol.

#### [02] Study Tour's Rules and Regulation

- a. All participants need to follow the instruction of the organizer or UPM personnel during the programme.
- b. Punctuality is required all the time. If you are going to be late, please convey message to your facilitator through *WhatsApp* or your friend.
- c. Please take care of your valuable (money, passport, etc.) on your own.
- d. Smoking and drinking alcohol are prohibited during the programme

#### [03] Automated Teller Machine (ATM)

Nearest Automated Teller Machine (ATM) in campus:-

a. **UPM Main Campus** PUTRA Canselori Building and Commercial Center

**CIMB** BANK

b. Cafeteria of Serumpun (College 12,14,15 & 16)



#### [04] Telecommunication Service Provider

You may purchase Malaysian number during your stay in Malaysia for your own convenience. It is not compulsory or a must have.

DiGi DiGi celcom

In Malaysia, we have several choices of telecommunication provider and it is up to you to choose which package most

suit your lifestyle. All telecommunication service number can be purchased at the airport. You may also get it at any store during your free and easy time with your buddies.

#### [05] Wireless Fidelity WiFi



Free WiFi is ONLY available in the **Faculty of Agriculture, UPM.** 



## **CHAPTER 3 | TENTATIVE PROGRAM**

Day (1) <b>18 July 2023 [Tuesday]</b>			
Time	Activity	Location	Attire
3:25 pm	Arrival of the delegation 25 Students + 4 officers	Pick up point – Kuala Lumpur International Airport (KLIA)	Smart Casual
5:00 pm – 7:30 pm			
7:30 pm –       Meet & Greets: Program Briefing & Welcoming Party         10:00 pm       International Students Club - PERMATANI (2023 Summer Enrichment Course's Participant)         10:00 pm       Rest			

PERMATANI\* = Persatuan Mahasiswa Fakulti Pertanian / Faculty of Agriculture Student Association

	Day (2) <b>19 July 2023 [Wednesday]</b>			
Time	Activity	Location	Attire	
7:00 am 8:00 am	Breakfast	Hostel	PUTRA- Agriculture	
8:00 am 8:30 am	Depart to UPM	(from) (to) Faculty of Agriculture	Mobility & study Tour's	
8:30 am – 12:00 am	[01] Faculty's Tours	Faculty of Agriculture	T-Shirt	
	Opening Ceremony			
	<ul> <li>Sight Seeing: - <ul> <li>(a) Crop Science;</li> <li>(b) Plant Protection;</li> <li>(c) Animal Science;</li> <li>(d) Land Management;</li> <li>(e) Aquaculture;</li> <li>(f) Agriculture Technology;</li> <li>(g) Agribusiness and Bioresources Economics;</li> <li>(h) Teaching &amp; Learning's Farm 10 and 15;</li> </ul> </li> <li>[01] Industry Visitation Satiri Sdn. Bhd. Own by the Faculty of Agriculture</li> </ul>			
12:00 pm – 2:00 pm	Lunch Free and easy	Faculty of Agriculture		
2:00 pm – 5:00 pm	[02] UPM's Campus Tours	UPM Serdang		
	Sight Seeing: - (a) PUTRA Canselori; (b) The Great Hall of UPM; (c) The Faculty of Human Ecology; (d) The UPM's landmark;			

	(e) Malay Heritage Museum	
5:00 pm – 8:00 pm	Depart to Hostel	(from) UPM (to) Bangi, Selangor
	Dinner@7pm	
	Free and easy	
8:00 pm –	[01] Cultural Activity:	8:00 pm –
10:00 pm	Students Engagement	10:00 pm
	Orientation & Ice-Breaking International Students Club -	
	PERMATANI	
10:00 pm	Rest	Bangi, Selangor

	Day (3) <b>20 July 2023 [Thursday]</b>			
Time	Activity	Location	Attire	
7:00 am 8:00 am	Breakfast	Bangi, Selangor	Smart Casual	
8:00 am 8:30 am	Depart to UPM	(from) Bangi, Selangor		
8:30 am - 10:30 am	[01] Teaching & Learning Animal Science   Ruminant and Non-Ruminant	UPM AgroBio Complex Kajang, Selangor		
10:30 am – 12:00 pm	<b>[02] Industry Visitation</b> <b>Farm Fresh Sdn. Bhd.</b> The Holstein Milk Company <i>Center of Excellence for Higher Education</i> <i>(HICOE)</i>			
12:00 pm – 2:00 pm	Lunch Free and easy	UPM AgroBio Complex Kajang, Selangor		
2:00 pm	[02] Teaching & Learning Animal Science - Poultry	UPM AgroBio Complex Kajang, Selangor		
4:00 pm	[02] Facility Visitation Closed-House Poultry Farms			
5:00 pm – 8:00 pm	Depart to Hostel Dinner@7pm	(from) UPM (to) Bangi, Selangor		
8:00 pm – 10:00 pm	Free and easy [02] Cultural Activity: Students Engagement Group/Individual Report	Selangor	Smart Casual	
10:00 pm	Rest	Bangi, Selangor		



Day (4) <b>21 July 2023 [Friday]</b>			
7:00 am	Breakfast	Bangi, Selangor	Smart Casual
8:00 am			
8:00 am	Depart to UPM / Kepong Botanic	(from) Bangi, Selangor	
8:30 am	Gardens (Forest Research		
	Institute Malaysia)*		
	To be confirmed -		
8:30 am -	[03] Teaching & Learning		-
10:30 am	Crop & Botanical Sciences		
10:30 am –	[01] Government Visitation	To be confirmed -	
12:00 pm	Kepong Botanic Gardens	UPM AgroBio Complex	
	(Forest Research Institute Malaysia) /	Kajang, Selangor	
	Taman Konservatori UPM		
12:00 pm –	Lunch	To be confirmed -	-
2:00 pm	Free and easy	UPM AgroBio Complex	
		Kajang, Selangor	
2:00 pm	[04] Teaching & Learning	UPM AgroBio Complex	
	Stingless Bee & Soap	Kajang, Selangor	
4:00 pm	[03] Facility Visitation		
	Farm 10 UPM (Workshop)		
5:00 pm –	Depart to Hostel	(from) UPM	
8:00 pm		(to) Bangi, Selangor	
	Dinner@7pm		
	Free and easy		
8:00 pm –	[03] Cultural Activity:	Selangor	Smart Casual
10:00 pm	Students Engagement		
10.00	Group/Individual Report		_
10:00 pm	Rest	Bangi, Selangor	

Day (5) <b>22 July 2023 [Saturday]</b>			
Time	Activity	Location	Attire
7:00 am	Breakfast	Bangi, Selangor	Smart Casual
8:00 am			
8:00 am	Depart to Klang	(from) Bangi, Selangor	
8:30 am			
8:30 am -	[05] Teaching & Learning	Pulau Ketam, Klang	
12:30 am	Aquaculture at Malaysia		
	<b>[02] Government Visitation</b> Fisheries Department of Malaysia	To be confirmed -	
12:00 pm –	Lunch	To be confirmed -	
2:00 pm	Free and easy	Pulau Ketam	
2:00 pm – 4:00 pm	[06] Teaching & Learning Aquaculture at Malaysia	Pulau Ketam, Klang	



	[04] Cultural Activity: Students Engagement with local community		
4:00 pm –	Depart to Hostel	(from) UPM	
8:00 pm		(to) Bangi, Selangor	
	Dinner@7pm		
	Free and easy		
8:00 pm –	[05] Cultural Activity:	Selangor	Smart Casual
10:00 pm	Students Engagement		
	Group/Individual Report		
10:00 pm	Rest	Bangi, Selangor	

Day (6) <b>23 July 2023 [Sunday]</b>			
Time	Activity	Location	Attire
7:00 am 8:00 am	Breakfast	Bangi, Selangor	Smart Casual
8:00 am 8:30 am	Depart to Selangor Fruits Valley	(from) Bangi, Selangor	
8:30 am - 12:30 am	[07] Teaching & Learning Pomology: Tropical Fruits / Post-harvest: Fruits Valley	Selangor Fruits Valley	
	[03] Government Visitation Selangor Fruits Valley	To be confirmed -	
12:00 pm –	Lunch	To be confirmed -	
2:00 pm	Free and easy	Selangor Fruits Valley	
3:00 pm –	Depart to Hostel Free and easy	(from) Selangor Fruits Valley (ta) Pangi Selangar	
6:00 pm – 8:00 pm	Dinner@7pm	(to) Bangi, Selangor Bangi, Selangor	-
8:00 pm – 10:00 pm	[06] Cultural Activity: Students Engagement - Group Presentation & PUTRA Agriculture Mobility & Study Tour's Certification	Location to be confirmed	Smart Casual
10:00 pm	Rest	Bangi, Selangor	

Day (7) <b>24 July 2023 [Monday]</b>			
Time	Activity	Location	Attire
7:00 am 8:00 am	Breakfast	Bangi, Selangor	Smart Casual
8:00 am 8:30 am	Depart to Kuala Lumpur	(from) Bangi, Selangor	
8:30 am - 2:30 am	[03] Kuala Lumpur Tours	UPM	
	Sight Seeing: - (a) National Monument; (b) Central Market; (c) Dataran Merdeka;		

	(d) Kuala Lumpur Convention Center (KLCC- Twin Tower)		
	Lunch by your own		
2:30 pm –	Depart to Hostel	Bangi, Selangor	
7:00 pm	and prepare to Farewell Dinner		
7:00 pm –	Closing Ceremony	Selangor	Smart Casual
10:00 pm	Farewell Dinner	_	
10:00 pm	Rest	Bangi, Selangor	

Day (8) <b>25 July 2023 [Tuesday]</b>			
Time	Activity	Location	Attire
11:30 am Subject to change	Check-Out	(From) Accomodation (to) Airport -KLIA 1	Smart Casual
according to air ticket	Depart to <b>Kuala Lumpur</b>		
	International Airport (KLIA)		

Some other Term and Condition need to concern: -

- All participants should have their own **Travelling Insurance**.
- Any Medical Assistant and cost of medication is cover by the home university (Just in case needed).
- All participant / Students are not allowed to leave UPM's hostel alone during rest / free and easy time without informing the secretariat. For their own safety, a participant / student is only able to go out after granted permission from home university or host university.

### CHAPTER 4 | CEREMONY TENTATIVE

#### (A) OPENING CEREMONY

19<sup>th</sup> July 2023 | WEDNESDAY AGRICULTURE HALL, FACULTY OF AGRICULTURE

- 8:30 am : Arrival of the guest; Faculty management members; and Participants
- 9:00 am : National Anthem Negaraku UPM Anthem - PUTRA Gemilang
- **9:10 am** : Prayer recitation
- 9:15 am : <u>Welcoming & Programme Briefing by:-</u> Associate Professor Dr. Juwaidah Sharifuddin Deputy Dean of Academic, Students Affairs and Alumni Faculty of Agriculture, Universiti Putra Malaysia

#### : Speech by:-

Professor Dr. Elpidio M. Agbisit Jr. Dean, College of Agriculture and Food Science UP Los Baños and AAACU Executive Secretary

#### : Opening Speech by:-

Professor Dr. Loh Teck Chwen Dean, Faculty of Agriculture Universiti Putra Malaysia and AAACU Board Member

: <u>Programme launching by:-</u> Professor Dr. Loh Teck Chwen Dean, Faculty of Agriculture Universiti Putra Malaysia and AAACU Board Member

Professor Dr. Elpidio M. Agbisit Jr. Dean, College of Agriculture and Food Science UP Los Baños and AAACU Executive Secretary

**9:45 am** : Token of appreciation exchange

#### **10:00 am** : **Campus Tour Briefing** Division Of Admission and Division of Academic Governance

Begin of Campus Tour & Sight Seeing

### (B) CLOSING CEREMONY

24<sup>th</sup> July 2023 | MONDAY URBAN AGRICULTURE, ADMIN OFFICE, FACULTY OF AGRICULTURE

- 7:30 pm : Arrival of the guest; Faculty management members; and Participants
- 8:00 pm : Prayer recitation
- 8:05 pm : <u>Welcoming Speech by:-</u> Associate Professor Dr. Juwaidah Sharifuddin Deputy Dean of Academic, Students Affairs and Alumni Faculty of Agriculture, Universiti Putra Malaysia
- 8:15 pm : AAACU Student Presentation Head of student representative
- 8:30 pm : <u>Closing Speech by:-</u> Professor Dr. Loh Teck Chwen Dean, Faculty of Agriculture Universiti Putra Malaysia and AAACU Board Member
- 8:35 pm : **BBQ Party**
- 9:15 pm : Certification of Completion
- 9:30 pm : PUTRA Agriculture's Awards
- 10:30 pm : Event ends

## CHAPTER 5 | PRESENTATION GUIDELINES

#### **Presentation Guidelines: -**

- 1. Representative presentation: max of 15 min;
- 2. Presentation can be in power point format (ppt.), video, sketches;
- 3. All presenting materials are in English;
- 4. Presentation will be held on 23<sup>rd</sup> July 2023 (Sunday):-

#### Presentation Content: -

- 1. What do you know about UPM before coming to this programme?
- 2. Knowledge obtained from activity? [Provide photo / video / to make it interesting]
- 3. Future suggestion of the programme?
- 4. Overall, of the programme?

#### **IMPORTANT REMINDER: -**

Please provide your presentation material at 3:00 pm to Mr Nik Zaini Peei

